100% PURE WHEY – APPLE PIE FLAVOURED PROTEIN DRINK POWDER WITH WHEY PROTEIN CONCENTRATE AND ISOLATE, GLUTAMINE, BCAAs, BROMELAIN AND SWEETENER

RECOMMENDED USE: Mix 1 serving (28 g = 1 level scoop = 2 heaped tablespoons) product with 250 ml water in a shaker bottle. On training days take 1 serving within 45 minutes after training and 1 serving between meals. On resting days take 1 serving in the morning and 1 serving in the evening.

INGREDIENTS: Instant whey proteins (milk) 90% (whey protein concentrate (milk) [whey protein concentrate (milk), emulsifier: lecithins (soy)], whey protein isolate (milk) [whey protein isolate (milk), emulsifier: lecithins (soy)]}, L-Glutamine 2.9%, cinnamon powder, flavourings, L-Arginine, thickener (cellulose gum), acid (citric acid), L-Leucine 0.2%, salt, sweetener (sucralose), L-Isoleucine 0.1%, L-Valine 0.1%, bromelain from pineapple (1200 GDU/g) 0.04%, colour (tartrazine¹).

¹Tartrazine: may have an adverse effect on activity and attention in children.

Made in a plant that manufactures egg, peanuts, nuts, celery, fish, crustacean and sulphur dioxide containing foods.

BEST BEFORE (day/month/year): See in the white field (LOT/ EXP). Store product tightly closed in a cool, dry place.



Net weight: 2270 g

BioTechUSA

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Place of provenance: EU

BioTechUSA



WHEY PROTEIN DRINK POWDER WITH CONCENTRATE, ISOLATE, GLUTAMINE, BCAAs AND BROMELAIN

APPLE PIE FLAVOURED

LOW GLUTEN PALMOIL PRESERVATIVE
SUGAR FREE FREE

2270 grams (81 servings)



Serving size: 28 g l Servings per container: 81 l Daily amount: 56 g (2x28 g)

	100 g	RI** (100 g)	28 g	56 g
Energy	1600 kJ/ 378 kcal	19%	448 kJ/ 106 kcal	896 kJ/ 212 kcal
Fat -of which saturates	5.0 g 3.5 g	7% 17%	1.4 g 1.0 g	2.8 g 2.0 g
Carbohydrate -of which sugars	9.6 g 7.3 g	4% 8%	2.7 g 2.0 g	5.4 g 4.1 g
Protein	73 g	146%	20 g	41 g
Salt	0.97 g	16%	0.27 g	0.54 g

Gluten free according to EU regulation.

Low sugar: <2.5 g sugar/100 ml ready to drink product prepared with water.

Average amino acids in 1 serving (28 g)

Essential Amino Acids (EAAs)		Conditionally Essential Amino Acids (CAAs)		Nonessential Amino Acids (NAAs)	
Histidine	360 mg	Arginine	729 mg	Alanine	920 mg
Isoleucine•	1134 mg	Cysteine	612 mg	Aspartic acid and Asparagine	2054 mg
Leucine•	2089 mg	Glutamine and Glutamic acid	4155 mg	Glycine	344 mg
Lysine	1764 mg	Proline	1061 mg	Serine	913 mg
Methionine	451 mg	Tyrosine	571 mg		
Phenylalanine	613 mg				
Threonine	1242 mg				
Tryptophan	328 mg				
Valine•	1098 mg				
	9080 mg		7129 mg		4231 ma

[•]Total BCAAs (Branched-chain amino acids): 4321 mg





